

E-Gyan

Monthly Digital News Letter of Maharishi Organizations - India

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• E-mail - egyan@mahaemail.com and egyanmonthly@gmail.com • Web site - www.e-gyan.net

2 October Saturday 2010

CBSE TEACHERS AWARD 2009

CONFIRMED TO

SMT. VASANTHY PARASURAMAN PRINCIPAL MVM, HYDERABAD



Smt. D Purandeswari, Hon'ble Union Minister of State for Human Resource Development, Govt. of India, Shri Kapil Sibal, Hon'ble Union Minister of Human Resource Development, Govt. of India, Smt. Vasanthi Parasuraman, Principal, Maharishi Vidya Mandir, Kondapur, Hyderabad, and Shri Vineet Joshi, Chairman, CBSE New Delhi.

The award was given by Shri Kapil Sibal, Hon'ble Union Minister of Human Resource Development, Government of India in the presence of Smt. D Purandeswari, Hon'ble Union Minister of State for Human Resource Development, Govt. of India. The function was attended by Shri Vineet Joshi, Chairman, CBSE, besides other CBSE officials at a function held at India International Centre, New Delhi, on 4th September 2010 on the eve of Teachers' Day Celebration.

Smt. Parasuraman was the only Principal selected for the above award from the CBSE Chennai Region, A total of 12 awards were given from all the regions of CBSE in India.

JAI GURU DEV, JAI MAHARISHI

Maharishi's advice to students: Experience Total Knowledge through Transcendental Meditation

In his Global Press Conference on 4 December 2002, Maharishi Ji explained that he had only one logic when he started teaching Transcendental Meditation 50 years ago.

He had been hearing from people that it is very difficult to control the mind. Maharishi had responded, now just examine, where does the mind go? It goes here, it goes there. Mind goes here, mind goes there. Where after all does the mind go?

The mind goes only in one direction, Maharishi explained during the 4 December press conference the direction of greater happiness, the direction of bliss. It moves from waves of bliss, from waves of bliss, from waves of bliss, to the unbounded ocean of happiness. So the move of the mind is in the direction of happiness.

Maharishi explained that the Transcendental Reality, the nature of Transcendental Consciousness is bliss, Total Knowledge. One grows to know something, Maharishi said. You want to know something, because you want to do something. You should be able to do everything. The technique for that is Know everything, know everything. Where is Total Knowledge in your own Self. Where is the total knowledge of the leaf and flowers and fruits and all the branches where is the Total Knowledge in the Self.

Maharishi explained that by having the experience of Transcendental Consciousness then you will be able to control the whole creation just like a gardener who waters the root and controls the well-being of all the leaves, and all the flowers, and all the fruits.

Maharishi was then asked whether there is something special about the physiology during the student time in a person's life that makes enlightenment easier to gain.

Yes, yes, yes, Maharishi answered. The brain is developing, developing, developing. That is why at about the age of 18 or 21, the child is said to be responsible for what he does. By that time his brain physiology is developed. So when it is developing, it should have that tenderness of Totality within every point of its structure.¹

Every fiber, every grain of physiological nerves and all those values of the brain are being built up, Maharishi said. That is why one needs morning and evening Transcendental Meditation for the experience of Transcendental Consciousness.

There is nothing in the world, Maharishi continued and forever there will be nothing in the world that puts the whole brain to function except experience of Transcendental Meditation, which opens the awareness to direct experience of that unbounded, unman fest Infinity.

Maharishi explained that increasing clarity of the infinite value of abstract infinity only happens through the practice of Transcendental Meditation. That is why students know theoretically about the Unified Field from the different sciences, he said, but from Vedic Science, from Transcendental Meditation, in this experience only the full use of the brain physiology is brought about, Maharishi emphasized.

It is very, very necessary that student's time should be used morning and evening, half an hour, one-hour, depending on the age group, Maharishi said. It is very necessary, when they are studying all about Natural

Law, that Total Natural Law in its abstraction should be a direct experience. And this will culture the brain for total possible potential to become useful. It's very necessary. It's very necessary.

Maharishi was then asked: What can students who meditate say or do to inspire other students to practice Transcendental Meditation?

Maharishi answered that they should just practice Transcendental Meditation and their air will influence other people that there is something nice developing in this boy.

Give an example of a better quality of life by being regular in Transcendental Meditation. Don't worry about talking to other people. Use your time either in gaining knowledge or in experiencing Total Natural Law through Transcendental Meditation. Don't waste your time in convincing others. No. Save your time. Use your own time for morning and evening meditation and use all your time in whatever the teachers teach in your school.

Finally Maharishi was asked, how will students who focus on getting enlightenment when there are in school, be able to pay their bills when they are out of school? How will getting enlightened make them successful doctors or lawyers or artists?

When you have practiced Transcendental Meditation properly, repeatedly, and thoroughly, Maharishi answered, then your thoughts will be supported by Total Natural Law.

Total Natural Law is that which guides the sun, the moon, the galaxies, and the whole universe. So just getting money and buying some food and all, these are very small things; you don't have to worry about it.

Prepare yourself so that your consciousness is fully awake, your brain is fully functioning and then your order or your desire will be upheld by Total Natural Law, which is almighty, omnipresent, omniscient. It is capable of doing everything.

So just worrying about money here or money here, don't waste your time in counting pence pounds and shillings and pence and all. It's too small. . . . Life is so enormously huge.

Get into the Transcendental Meditation Sidhi Programme, and you will have the world of knowledge and you'll be able to move mountains.



NEPAL MAHARISHI VEDIC FOUNDATION

Experts Prescribe Ancient Vedic Knowledge of Nepal as Antidote for Modern Ills in Education and Agriculture

(September 26, 2010) Practical, scientifically proven solutions to contemporary problems that grip Nepal and the world were showcased during two international conferences at the Shangri-La Hotel in Kathmandu, Nepal, on September 22 and 24.

Nepalese Deputy Prime Minister Sujata Koraila, representatives of Western universities, NGO's, and experts in the ancient Vedic tradition of knowledge were among an international panel of experts who suggested that the profound challenges facing Nepal and developing countries can be addressed by systematically applying the Vedic knowledge brought to light in the Himalaya's millennia ago.



Dr. Kingsley Brooks lighting a lamp during the inauguration of the conference.



Address by the Chief Guest Mrs. Sujatha Koirala, Hon'ble Dy. Prime Minister of Nepal

Deputy PM Koirala inaugurated the "International Conference on Organic Agriculture, Food Safety and Purity through Vedic Science" on September 24 by declaring that "organic agriculture is considered the most pure, safe, and environmentally friendly method of agricultural development. In countries like ours where religious and social tradition play important roles in social policies and life style, the Vedic organic agriculture system offers positive hopes and successful examples for scientific agricultural development."

Nepal to Become the First Organic Nation

Dr. Hari Krishna Upadhyaya, Executive Chair of the Center of Environment and Agricultural Policy Research, Extension, and Development (CEAPRED), said the objective of the conference was to "create a collective awareness of the economic, environmental, and health advantages of organic agriculture for Nepal."



Delegates attending the International Conference on Consciousness Based Education - seated on the dias from right to left: Dr. Susan Dillbeck, Prof. Michael Dillbeck, Chief Guest former Education Minister of Nepal, Mr. Deepak Baskota & Dr.Kingsley Brooks.

Dr. John Fagan of Maharishi University of Management-USA, Dr. John Konhaus of Maharishi Vedic Organic Agriculture Institute and Dr. Peter Swan of Maharishi European Research University-Netherlands, spoke of the dangers of chemically based agriculture and genetically modified seeds, and highlighted the superiority of the organic system of production, and its economic viability and environmental necessity.

“Both short term, and even more significantly, long term, the natural system outperforms conventional agriculture, and protects and preserves the soil and our health and that of future generations,” Dr. Fagan said. He also warned of the well financed marketing strategies of the multinationals who promote conventional chemically based agriculture and biotechnology to developing countries with unsupported or overstated claims.



Delegates of International Conference on Consciousness Based Education (afternoon session) From Left to Right : Mr. Lobsang Lama, Mrs. Vasanthi Parasuraman, Prof. Bill Goldstein, Mr. Deepak Baskota, Dr. John Konhaus, Dr. Bhuvanesh Sharma and Dr. Kigsley Brooks.

Conference Chairman Deepak Baskota of the Nepal Maharishi Vedic Foundation, which sponsored the agriculture conference, operates the pioneering Kanchenjunga Organic Tea Estates cooperative in Eastern Nepal. He affirmed that Western countries demand for organic currently exceeds, and will continue to exceed, any supply that can be produced for years to come. The conference participants urged that Nepal become the first all organic Nation and that Nepal becomes the brand name for everything that is pure and healthy.

Vedic Agriculture Defined

Dr. Konhaus outlined the authentic approach to Vedic Agriculture, as brought to light by Maharishi Mahesh Yogi: “The real and most fundamental concern in Vedic agriculture is how lively, balanced, and supportive is the Creative Intelligence of Natural Law in the farmer, in the plants and in the environment.

“In Vedic Agriculture we are concerned with that agency which transforms the soil and air and water into fruits and vegetables. We are concerned with creativity, and, most essentially, we are concerned with the pure Creative Intelligence, which is responsible for the balanced and complete expression of that creativity. We want to be sure this agency remains strong and comprehensive, and is not weakened in any way. We want to be sure that all the forces responsible for successful agriculture are timely and supportive,” Dr. Konhaus said.

Dr. Konhaus then described how the appropriate Vedic chants at the appropriate time can maximize the plant’s growth, nutrition and purity for the benefit of the consumer, the environment and the farmer.

Maheshwari Ghimire, Senior Organics Inspector for NASA located the descriptions of organic agriculture in the Vedic literature and described the current certification process in Nepal.

Shiva Sharma, Chairperson of the National Labor Academy, exhorted the group to create test organic sites throughout Nepal with a central Research facility to provide local and international data of best organic practices to the farmers which can then be used to persuade government to implement an organic policy within three years.



Dr. John Konhaus giving a presentation on the Vedic origins and authenticity of Consciousness Based Education as found in Veda and Vedic literature

Bharat Upadhya, Executive Director of CAEPRED and co-sponsor of the conference, detailed his agency's field efforts to enhance and identify indigenous practices, which demonstrate organic effectiveness.

The Agriculture conference concluded with a resolution to create an action plan that will make Nepal all-organic as soon as possible.

Consciousness-Based Education utilizes Vedic technologies develops a student's full potential and promotes stress-free learning

The **International Conference on Consciousness Based Education** held on September 22, identified Vedic technologies which have been researched in the West and shown to enable the student to assimilate knowledge without stress, enhance learning, improve grade point and health and, most profoundly, to directly experience the source of wakefulness and bliss within the student.

Maharishi's historic address to educators in Kathmandu in 1974 inaugurated the conference. Maharishi spoke of about today's educational system which reveals to the student who has earned a doctorate how little he actually knows. But Maharishi consoled the audience by affirming that anyone can experience Total Knowledge, the field from where all knowledge arises, and thereby enjoy the fruit of all knowledge simply and naturally.

Dr. Susan Dillbeck, President of the International Foundation for Consciousness-Based Education, outlined the key elements of Consciousness-Based education, and explained its effectiveness and how it can be easily implemented in any school or higher education institution.

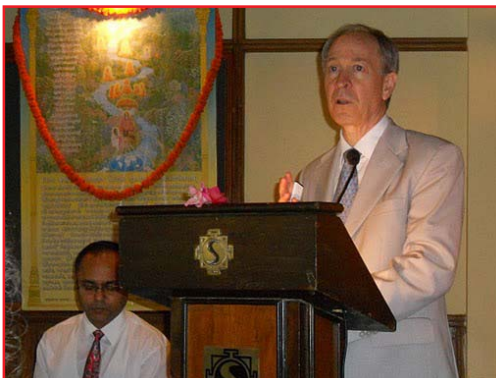
Dr. Dillbeck said that the effectiveness of Consciousness-Based education is based on the Technology of Consciousness, the Transcendental Meditation and TM-Sidhi programme, which directly and systematically develop the latent creative potential of every student. In this way, students are able to fulfil their personal and professional goals and lead happy, productive lives as ideal citizens.



Dr. Susan Dillbeck giving a presentation on Consciousness Based Education.

Research proves the technologies effectiveness

Dr. Michael Dillbeck, Research Professor at Maharishi University of Management, USA, provided a brief overview of the more than 600 scientific studies, which verify the benefits of the Transcendental Meditation technique for mind, body, behavior, and society.



Prof. Michael Dillbeck giving a presentation on Educational Benefits of T.M. and T.M. Siddhi programme

Findings for the individual student include increased use of the brain's potential, improved cognitive abilities, improved academic performance, decreased anxiety, better health, improved school behaviour, increased tolerance, and greater appreciation of others. In addition, when large groups of students practise the advanced TM-Sidhi programme together, they create an influence of peace and harmonious progress in the whole society, even at the national

level if the group of students is large enough.

Success in Schools and Universities in India, Nepal and the United States



Prof. Bhuvanesh Sharma's presentation on - gain total knowledge and live life in its full potential of bliss, freedom and fulfillment

Prof. Bhuvanesh Sharma, Vice Chancellor of Maharishi Mahesh Yogi Vedic Vishwa Vidyalaya in Madhya Pradesh, India, located the source of Consciousness-Based education in the Vedic literature. He described how all students of Maharishi Mahesh Yogi Vedic University in Madhya Pradesh and Maharishi University of Management and Technology in Chhattisgarh practice the Transcendental Meditation program while studying both conventional academic disciplines as well as Maharishi Vedic Science to appreciate the inner values of life.

Mrs. Vasanthy Parasuraman, Principal of Maharishi Vidya Mandir in Hyderabad, India, represented the Maharishi Vidya Mandir Group Of Schools in India, which have a total enrollment of over 100,000 students. She explained that the school system's success is based on the performance of its students, and said that parents are satisfied with the holistic development of their children.

William Goldstein, General Counsel and Professor of International Law at Maharishi University of Management-USA, offered to collaborate with Nepalese institutions of higher education to integrate Consciousness-Based approaches into existing curricula, or else through joint programs, topper programs and student and faculty exchange programs in which students can receive bachelors, masters or doctoral degrees from MUM and their Nepalese University and gain the benefit of these Vedic technologies whilst they receive the specialized knowledge in their chosen field, be it computer science, management, education, digital communications, physiology, art or Vedic Science.



Mrs. Vasanthy Parasuraman, Principal, MVM Hyderabad, giving a power point presentation of the benefits of Consciousness Based Education in secondary and senior secondary School teacher/students level.



Mr. Lobsang Lama speaking on the application of Consciousness Based Education in Nepal

Lobsang Lama, Chairman of the AJ Wild Institute, Kathmandu, spoke of his experience as the first school in the Kathmandu Valley to utilize the Transcendental Meditation program for its students and faculty. In its first year of application in this Cambridge-certified college preparatory secondary school, graduating seniors had their highest examination scores in history and successfully entered their chosen colleges. AJ Wild institute, Kathmandu is now planning on implementing a complete Consciousness Based educational approach starting this Spring as they are so pleased with the results.

Jai Guru Dev Jai Maharishi

ACHIEVEMENTS OF MAHARISHI VIDYA MANDIR SCHOOLS

ACHIEVEMENTS OF MVM STUDENTS IN SPORTS

MVM MAHARISHI NAGAR

Inter House Volley Ball and Throw Ball Competition

The school conducted Inter house Volley Ball & Throw Ball Competition on 3rd Sept, 2010 under the Supervision of Shri Praveen Sharma (PET) & Mrs. Vandana Sharma (PTI).

As the Students of our school are divided in four houses which are as follows:-

1. Narayan House
2. Vashishth House
3. Vyas House
4. Parashar House

- In Volley Ball Competition Vashishth House Secured 1st Position & Narayan House 2nd Position
- In Throw Ball Competition (Girls wing) Narayan House Stood First and Vyas House achieved Second Position.



Students of MVM Maharishi Nagar, of Vashishth House with Principal, Sports Teacher and House Captain

KARATE CHAMPIONSHIP— 5th Renbukai National Karate Inter School Championship was held at the Noida stadium, Sector -21 on 5th September' 2010.

Students of Class V, VI, VII, VIII and X represented the school under the able guidance of Shri Sunil Bhati, Karate Instructor and Shri Aman Verma, the Team Manager. In this competition 19 students participated. The school bagged Second position in the championship. The students who won the medal in the individual category are as follows.

Name	Class	Medal
Piyushi Dixit	VII	Gold Medal.
Sakshi Tiwari	X	Gold Medal.
Kartik Tyagi	VI	Gold Medal.
Vishal Chaudhary	X	Gold Medal.
Tammna Saini	X	Silver Medal
Aakriti Maurya	VI	Bronze Medal
Sandeep Singh	VI	Bronze Medal
Vivek Kr. Jha	VI	Bronze Medal
Joginder Singh	VI	Bronze Medal
Rohan Tomar	VI	Bronze Medal
Deepak Kumar	VI	Bronze Medal

PENTA SOFT QUIZ— Penta Soft Quiz was conducted for the classes Nursery to Class V on 14th July 2010 under the supervision of Mrs. Mansi Chaudhary. 154 students had participated in this competition. The participants added another page to the success story of our school as four students had received gold medals.

INTER SCHOOL YOGA COMPETITION – Tejasvi Sharma under the care and guidance of Shri Praveen Sharma and Mrs. Vandana Sharma has Participated in various inter school yoga competitions and won prizes and accolades. He won the first position in the inter-school yoga competition **Uditya Pratibha National Award** was given to him for his exemplary yogic demonstrations.

INTER SCHOOL GROUP SONG AND QUIZ COMPETITION – The students of MVM participated in the Inter-School Group Song Competition of Senior group and Junior Level Quiz Competition organised by Bhartiya Vikas Parishad under the guidance of Mrs Anuradha Agasty, Shri Nityanand and Mrs. Neelu Singh. The initial screening of the quiz was conducted in the school. The subject of the quiz was Bharat Ko Jaano.

BEST STUDENT AWARD BY NIE – Atul Yadav of class XII A received the ‘Best Student Award’ by the NIE—i.e. Newspaper In Education for his best overall performance in education, co-curricular and extra-curricular activities.

Motivating the students and congratulating all the participants, Shri B.S. Guleria, Principal, MVM Maharishi Nagar sensitized the students about the New Evaluation system, which has been introduced by the CBSE. He further stressed that participation in all kinds of co-curricular, extra-curricular and sports activities at the school level and the inter-school level will ensure holistic development of the students. He reiterated that winning and losing is not important. What is important is exposure and experience. He acknowledged the contribution of the teachers for the successful conduct of these activities.



Award winning Students of Maharishi Vidya Mandir, Maharishi Nagar with Shri B. S. Guleria Principal and Staff

MVM GUWAHATI - 1

- Kritika Upadhyaya of class VIII has secured 2nd position in Sub- Junior U-14 Girls Doubles in R.G Baruah Memorial major ranking table tennis tournament held at Guwahati from 13th to 16th August 2010.
- On the Occasion of Shri Krishna Janmashtami, Vishwa Hindu Parishad organised Geeta Sloka Chanting Competition on 29th of August 10. Rituchit Chakraborty from class II secured the 2nd position and Tridisha Goswami of class V secured the consolation prize.
- A Cultural Center was opened by the **Safura Publication** for Children on 27th August in the school premises in collaboration with MVM - I. **The Dance India Dance Little Master Jeetumani Kalita**, renowned singer Mrs. Sudakhina Sharma and Artist Ms. Robin Bor were invited to inaugurate the center. Little Master Jeetumani was also felicitated by Safura Publication and school authority.



Kritika Upadhyaya



Dance India Dance Little Master Jeetumani Kalita was Felicitated by the principal



Renowned singer Mrs. Sudakhina Sharma and Artist Ms. Robin Bor & other guests of honour on the opening ceremony of cultural center

- Teacher's Day was celebrated with colorful cultural programme performed by students in the school premises.



Student of MVM Guwahati Presenting Cultural Programme on occasion of Teachers' Day



Teachers and Student of MVM Guwahati Celebrated Teachers' Day

MVM MAHASAMUND



26 जनवरी 2010 के सांस्कृतिक कार्यक्रमों के अवसर पर माननीय कृषि मंत्री, श्री चन्द्रशेखर साहू, छत्तीसगढ़ शासन से द्वितीय पुरुस्कार प्राप्त करते हुये महर्षि विद्या मन्दिर महासमुन्द के छात्र।

MVM RATANPUR BHOPAL

महर्षि विद्या मंदिर, रतनपुर भोपाल के छात्रों का उत्कृष्ट प्रदर्शन



“हीरो होण्डा इन्टर स्कूल एथलेटिक्स मीट” में महर्षि विद्या मंदिर रतनपुर के छात्रों ने उत्कृष्ट प्रदर्शन कर ओवरआल उपविजेता का खिताब जीता।

टी. टी. नगर, भोपाल स्टेडियम में आयोजित “हीरो होण्डा इन्टर स्कूल एथलेटिक्स मीट” में महर्षि विद्या मंदिर रतनपुर के छात्रों ने उत्कृष्ट प्रदर्शन कर ओवरआल उपविजेता का खिताब जीता।

संचित बंसल लंबी कूद में स्वर्ण पदक, वैभव नगाईच गोला फेंक में रजत पदक, अमन श्रीवास्तव ट्रिपल जंप में रजत व चंद्रकांत पुरोहित कांस्य पदक एवं रिले रेस में कांस्य पदक के साथ बालिका वर्ग में नीलांशी जैन ने ट्रिपल जंप में कांस्य पदक, 800 मी. दौड़ में रुचिका त्रिपाठी ने कांस्य पदक जीता।

CELEBRATIONS

MAHARISHI CENTRE FOR EDUCATIONAL EXCELLENCE

महर्षि सेन्टर फॉर एजुकेशनल एक्सीलेंस स्कूल, लाम्बाखेडा के तत्वाधान में जन्माष्टमी महोत्सव का आयोजन किया गया। इस अवसर पर विद्यालय के नन्हें – मुन्ने छात्र – छात्राओं ने श्री कृष्ण की बाल-लीलाओं से संबंधित रंगारंग कार्यक्रम प्रस्तुत कर सभी को मंत्र मुग्ध कर दिया।

इस अवसर पर विद्यालय की छात्रों ने श्री कृष्ण के जीवन से संबंधित विभिन्न घटनाओं पर प्रकाश डाला गया। कार्यक्रम के अंत में विद्यालय की प्रचार्या श्रीमति सुचित्रा दत्त ने श्री कृष्ण के प्रेरणादायी जीवन के विषय में बच्चों को बताया एवं उनके जीवन के हर पहलू से शिक्षा ग्रहण करने की सलाह दी।



Celebration of Teacher's Day

The enthusiasm and excitement of the students knew no bounds on the eve of Teacher's Day on 4th Sept. 2010 at *Maharishi Vidya Mandir Maharishi Nagar*.

Students of class XII, in the role of their mentors and facilitators conducted the morning assembly. However, the teachers played their bit by presenting the news, thought, a melodious song '*Hum Ko Man Ki Shakti Dena*' and a speech on the significance of Teacher's Day.

The first two regular academic periods were taken by the students of the class XII in the role of their respective teachers. A colourful cultural programme was presented by the students of the school. The programme commenced with Guru Vandana *Guru Charan Kamal Man Laagi* by the junior students. The melodious devotional rendering enticed the audience.



Atul Yadav of class XII A spoke on the life and contribution of **Dr. Sarvapalli Radhakrishnan**. The academic pressure and the overload of class XII for the Board examination was beautifully portrayed by a group dance performed by the students of class XI and XII 'Give Me Sunshine' Group song '*Hum Rahen Na Rahen Kal*' was presented by the students of XII B. The highlight of the programme was the colourful folk dance of 'Punjab 'Gidda' presented by the students of class XI.

Vote of thanks was given by Atul Yadav of class XII. Archana Sharma of XII anchored the programme.

The senior-most students of class XII presented beautiful hand made cards as a token of respect to the **Principal Shri B. S. Guleria** and all the teachers.

A fun filled cultural programme by the teachers and for the teachers after the departure of the students from the school comprised of a melodious song by Mrs. Rachna Saxena, Ms. Harshita Srivastava, Shir Ved Prakash and Shri Kamlesh Pandey. Mrs. Soma Chakraborty recited a self composed poem – Alone, I Move on.

Shri B. S. Guleria, Principal MVM Maharishi Nagar, on this special occasion played the role of anchor during the prize distribution and recited beautiful and thoughtful couplets, which indeed were 'food for thought' for the audience. In his erudite speech, he stressed upon the ongoing researches by the physicists and the existence of the 'God particle'. He further reiterated about the significance of meditation. The programme concluded with sumptuous lunch for the entire teaching and non-teaching staff.

Certificate Distribution Ceremony of National Science Proficiency Test- 2010



The appreciation and merit certificates were given away to the participants of the National Science Proficiency Test in the morning assembly on 3rd September' 2010. Total of twenty nine students participated in this external examination which was conducted on 10th March 2010.

Principal Shri B. S. Guleria motivated the students by his encouraging words. He stated that more students must come forward and participate in such external examinations conducted by the external agencies. He also gave information regarding some forthcoming important

external examinations and further added that in order to remain competitive in today's world, the students must participate in the external examinations like National Science Talent Search examination etc.

Plantation in MVM Dharamshala

Plantation on 25th August 2010, on the occasion of Birthday of Hon'ble Brahmachari Girish Chandra Varma, Chairman of Maharishi Vidya Mandir Schools Group.



15th Foundation Day of MVM Silchar Celebrated

On 5th September 2010 MVM Silchar has celebrated its 15th year of establishment. On this Occasion they have also released school magazine "Effort". Deputy Commissioner of Cachar District & MLA Silchar were present on the occasion.



Students of MVM Silchar Presented Group Song on the occasion of 15th Foundation Day.



Students of MVM Silchar Presented Group Dance on the occasion of 15th Foundation Day.



Guest of Honor Deputy Commissioner of Cachar District & MLA of Silchar on the occasion of 15th Foundation Day of MVM Silchar.



Deputy Commissioner of Cachar District & MLA of Silchar released School Magazine "Effort" on the occasion of 15th Foundation Day.

Maharishi Regional Cultural Celebration Allahabad Region

Under the perpetual divine guidance & blessing of **His Holiness Maharishi Mahesh Yogi Ji** and under the able leadership and guidance of **Brahmachari Girish Ji**, Hon'ble Chairman, National Board of Directors, Maharishi Vidya Mandir Schools Group, two days Maharishi Regional Cultural Celebration 2010 was organized and hosted by Maharishi Vidya Mandir, Naini Allahabad from 27 August 2010 to 28 August 2010.



Students of MVM Presenting Group Dance on the Occasion of Maharishi Regional Cultural Celebration at MVM, Naini Allahabad.



Students of MVM Presenting Group Dance on the Occasion of Maharishi Regional Cultural Celebration at MVM, Naini Allahabad.



Students of MVM Presenting Folk Dance on the Occasion of Maharishi Regional Cultural Celebration at MVM, Naini Allahabad.



Students of MVM Presenting Folk Dance on the Occasion of Maharishi Regional Cultural Celebration at MVM, Naini Allahabad.

Teachers' Day Celebration in MVM Kotdwar



Teacher's Day was celebrated on 05 August 2010 at MVM Kotdwar. Principal Shri Pramod Tripathi garlanded the photo of Dr. Sarvpalli Radhakrishnan. He said that the teachings of Dr. Radhakrishnan are more relevant in contemporary society, not only teachers but all of us should try to learn lesson from the message given by him. Teachers are backbone of not schools only, but the society and as well as the Nation. On this occasion many teachers also expressed their views. Students of Primary section performed various cultural activities on the occasion and students honoured their teachers by presenting symbolic gifts.

EDUCATION NEWS

FEE STRUCTURE : NO REVIEW OF ORDER

Saturday: September 4, 2010: (Source: thehindu.com) (THE HINDU)

NEW DELHI: The Supreme Court has declined to review its order dismissing a batch of appeals challenging a Madras High Court verdict upholding the validity of the Tamil Nadu Schools (Regulation of Collection of Fee) Act 2009.

The law enabled a committee headed by a retired High Court judge to fix fees for each school based on information obtained from the school on certain parameters.

A Bench of Justice P. Sathasivam and Justice H.L. Dattu in a chamber meeting on Wednesday refused to entertain a petition and held that the review petition had no merits.

NEW PG COURSE IN SPORTS SCIENCE

Saturday: September 4, 2010: (Source: thehindu.com) (THE HINDU)

Jawaharlal Nehru Technological University (JNTU), Kakinada, is starting a new PG course, MS (Sports Science and Technology), for the first time in Asia.

The two-year course will commence from the current academic year.

Vice-chancellor Allam Appa Rao and experts from Sports Medicine, Occupational Medicine and senior academicians will contribute in developing and executing this course. Renowned sports medicine specialist Major. Dr. S. Bakhtiar Choudhary has been invited by JNTU and he will contribute his expertise in shaping the course.

Acknowledged sports specialists such as P. S. Prasad Dandamudi, an experienced occupational health specialist from U.S.A., and former women's cricket captain and Indian selector Purnima Rao have contributed significantly towards framing the course.

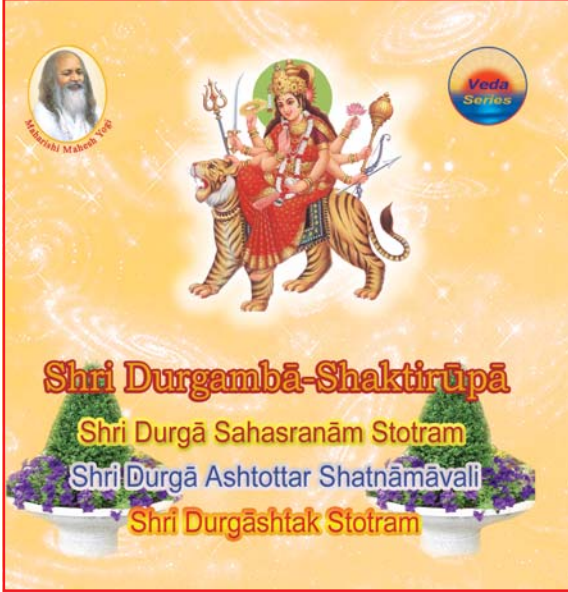
Prof. Appa Rao says the new course will tap opportunities in popular sports events like IPL, sought-after health clubs and gymnasias; besides resorts, corporates, educational institutions, personnel training, health and fitness segments. Students from specialties such as MBBS, BPT, M.Sc., B.Tech., MPED are eligible for the course.

According to Dr. Bakhtiar Choudhary, there is an increasing emphasis on adopting sports or physical exercise as an integral part of one's life to maintain positive health, but there is a gross dearth of trained sports specialists in the country.



Veda Series

श्री दुर्गाम्बा-शक्तिरूपा



श्री महादुर्गा त्रिलोक में पूजी जाने वाली सभी भक्तों की प्रिय माता हैं। वे शांति, शक्ति, दया, करुणा, बुद्धि, भक्ति, कान्ति और असंख्य रूप धारिणी हैं।

श्री दुर्गा सहस्रनाम दुर्गा माँ के 1000 गुण हैं। उनका प्रत्येक नाम चेतना के एक-एक गुण को दर्शाता है और अत्यन्त महिमाकारी है। सहस्रनाम का पाठ करने वाले या श्रवण करने वाले की चेतना में तथा वातावरण में दुर्गा देवी के समस्त गुणों का जागरण होता है।

श्री दुर्गा अष्टोत्तर शतनामावली में दुर्गा जी के 108 नाम हैं। इन नामों के उच्चारण सहित दुर्गा माँ की पुष्पार्चना की जाती है। दुर्गाष्टकम् एक सिद्ध स्तोत्र है, जो समस्त दुःखों और नकारात्मक प्रवृत्तियों का शमन् करने वाला है।

फलश्रुति के अनुसार श्री दुर्गा सहस्रनाम और स्तोत्रों के

पाठ या श्रवण से दुर्गा जी के भक्तों को दीर्घकालिक शांति, सकारात्मक ऊर्जा, अनन्त शक्ति, कीर्ति, अभय और देवी की दया, करुणा व वात्सल्यता का आशीष प्राप्त होता है। उन्हें चतुर्विध फल-धर्म, अर्थ, काम और मोक्ष की प्राप्ति होती है। शुक्रवार दुर्गा देवी का दिन माना गया है। अतः शुक्रवार के दिन दुर्गा जी के स्तोत्र और सहस्रनाम सुनने की अनुशंसा की जाती है।

Shri Maha-Durgā is the beloved mother of her devotees and worshiped in all lokās. She personifies peace, power, kindness, compassion, intellect, devotion, beauty and innumerable qualities in her. Shri Durgā Sahasranām-1000 names describe 1000 qualities of Mata Durgā. Each name of Durgāmbā refers to a quality of consciousness. Listening Sahasrānam enlivens these qualities of Durgā Ji in the consciousness of the listener and at the same time, these qualities are charged in the environment. Shri Durgā Ashtottar Shatnāmāvali has 108 names of Durgā. These names are a few of the most important qualities, which may be chanted while offering flowers to Shri Durgā Matā. Shri Durgāshatakam Stotra is a Siddha Stotra of Shri Durgā, which brings all sorrow and evil tendencies to an end. As described in phalshruti-benefits of chanting Shri Durgā Sahasranām and stotras, Devotees enjoy lasting peace, positive energy, infinite power, fame, fearlessness, kind attention and love from Mother Durgā. They achieve chaturvidh phal-dharma, arth, kam and moksha-all four goals of human life-rig hteousness, affluence in every area of life, fulfillment of all desires and finally the ultimate goal of life-the enlightenment. Friday is the day of Shri Durgā Devi. It is recommended to listen Sahasranām and otherstotras of Shri Durgā on Friday.

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महर्षि ज्योतिष की दृष्टि में – ऑक्टूबर माह

ऑक्टूबर माह का प्रारम्भ (1 ऑक्टूबर) आश्विन कृष्ण अष्टमी शुक्रवार से हो रहा है। ऑक्टूबर की समाप्ति (31 ऑक्टूबर) कार्तिक कृष्ण नवमी रविवार को होगी। आश्विन कृष्ण पक्ष को पितृ पक्ष भी कहा जाता है। इस पूरे पक्ष में लोग अपने पितरों का श्राद्ध एवं तर्पण करते हैं। पितृपक्ष का समापन पितृ विसर्जन अमावस्या को होता है जो इस बार 7 ऑक्टूबर को पड़ेगी।

8 ऑक्टूबर से 16 ऑक्टूबर तक शारदीय नवरात्र का समय है इसमें भक्तगण अपने घरों में कलश स्थापित कर स्वयं या पंडितों द्वारा चण्डी पाठ का आयोजन करते हैं। इसके अतिरिक्त सार्वजनिक स्थानों पर दुर्गाजी अथवा कालीजी की विशाल प्रतिमाओं का पूजन-अर्चन 16 ऑक्टूबर – महानवमी तक चलेगा।

17 ऑक्टूबर विजयादशमी के दिन दुर्गा जी की प्रतिमाओं का विसर्जन होगा इसी के साथ **सत्य की विजय** के उपलक्ष्य में स्थान-स्थान पर राक्षसराज रावण के पुतले का दहन भी होगा। उत्तर भारत में सर्वत्र पूरे नवरात्र काल में 'राम लीला' का भी आयोजन किया जाता है। मुहूर्त की दृष्टि से भी विजयदशमी का दिन शुभ माना जाता है। इस दिन कोई भी शुभ कार्य प्रारम्भ करने के लिये पंचांग शुद्धि देखने की आवश्यकता नहीं रहती है। 22 ऑक्टूबर को शरद पूर्णिमा है, 23 ऑक्टूबर को आश्विन शुक्ल पक्ष का अन्तिम दिन होगा इसी दिन से कार्तिक स्नान का प्रारम्भ होगा।

24 ऑक्टूबर से कार्तिक कृष्ण पक्ष आरम्भ हो जायेगा। ऑक्टूबर माह में पड़ने वाले व्रत, पर्व, त्यौहार निम्न प्रकार हैं।

ऑक्टूबर माह में पड़ने वाले व्रत पर्व त्यौहारों की सूची

क्रमांक	व्रत-पर्व-त्यौहार	मास	पक्ष	तिथि	दिनांक
1.	जीवित्पुत्रिकाव्रत	आश्विन	कृष्ण	अष्टमी	01.10.2010
2.	अष्टमी श्राद्धम्	आश्विन	कृष्ण	अष्टमी	01.10.2010
3.	मातृ नवमी	आश्विन	कृष्ण	नवमी	02.10.2010
4.	दशमी-एकादशी श्राद्धम्	आश्विन	कृष्ण	दशमी	03.10.2010
5.	इन्दिरा एकादशी व्रत	आश्विन	कृष्ण	एकादशी	04.10.2010
6.	द्वादशी श्राद्धम्	आश्विन	कृष्ण	द्वादशी	05.10.2010
8.	भौम प्रदोष व्रत	आश्विन	कृष्ण	त्रयोदशी	06.10.2010
9.	चतुर्दशी श्राद्धम्	आश्विन	कृष्ण	चतुर्दशी	07.10.2010
9.	पितृ विसर्जन अमावस्या	आश्विन	कृष्ण	अमावस्या	07.10.2010
10.	शारदीय नवरात्रारंभ	आश्विन	शुक्ल	प्रतिपदा	08.10.2010
11.	वैनायिकी गणेश चतुर्थी	आश्विन	शुक्ल	चतुर्थी	11.10.2010
12.	उपांग ललिता व्रत	आश्विन	शुक्ल	पंचमी	12.10.2010
13.	महाष्टमी व्रत	आश्विन	शुक्ल	अष्टमी	15.10.2010
14.	महानवमी	आश्विन	शुक्ल	नवमी	16.10.2010

15.	विजयादशमी	आश्विन	शुक्ल	दशमी	17.10.2010
16.	दुर्गा विसर्जन	आश्विन	शुक्ल	दशमी	17.10.2010
17.	पापांकुंशा एकादशी	आश्विन	शुक्ल	एकादशी	18.10.2010
18.	पद्मनाभ द्वादशी	आश्विन	शुक्ल	द्वादशी	19.10.2010
19.	प्रदोष व्रत	आश्विन	शुक्ल	त्रयोदशी	20.10.2010
20.	शरद् पूर्णिमा	आश्विन	शुक्ल	पूर्णिमा	22.10.2010
21.	महर्षि बाल्मीकि जयन्ती	आश्विन	शुक्ल	पूर्णिमा	22.10.2010
22.	अशून्य शयन व्रत	कार्तिक	कृष्ण	द्वितीया	24.10.2010
23.	संकष्टी करक गणेश चतुर्थी (करवा चौथ)	कार्तिक	कृष्ण	चतुर्थी	26.10.2010
24.	अहोई अष्टमी	कार्तिक	कृष्ण	अष्टमी	30.10.2010

पंचक विचार— दिनांक 17-10-2010 को रात्रि 10 बजकर दो मिनट से पंचक लगेगा। पंचक की निवृत्ति दिनांक 22-10-2010 को रात्रि 9 बजकर 7 मिनट पर होगी।

मास प्रभाव— इस माह में खाद्य पदार्थों, तेलहन, दलहन के मूल्यों में तेजी का रुख बना रहेगा। दिनांक 18.10.2010 के पश्चात जब कि सूर्य देव तुला राशि में पदार्पण करेंगे सोना, चाँदी तथा अन्य मूल्यवान् वस्तुओं में तेजी की संभावना है। सूर्य, मंगल, वृहस्पति, शनि, राहु आदि ग्रहों की विषम स्थिति के कारण समाज एवं वातावरण में व्याप्त होने वाली नकारात्मकता के प्रभाव को महर्षि ज्ञान, यज्ञ तथा सामूहिक चेतना में सत्व की वृद्धि द्वारा सरलता पूर्वक नियन्त्रित किया जा सकता है।

जय गुरु देव, जय महर्षि

**पंडित विजय द्विवेदी
ज्योतिषाचार्य**

Maharishi Movement Global News

Preventing an Enemy from Arising with Invincible Defense Technology (IDT) 23 September 2010

Lee Leffler Ecuador has implemented Invincible Defense Technology (IDT) by establishing a Prevention Wing of the military. This Wing practices Maharishi's Transcendental Meditation technique and its advanced programs daily in large groups. The group is sufficiently large (greater than the square root of 1% of the population) to create invincibility for the country.

Dr. Leffler is currently focused on becoming a teacher of the Transcendental Meditation technique. The text below is taken from a report by Lieutenant Colonel (Ret.) Gunter Chassé, Deputy Minister of Defense for the Global Country of World Peace.



Prevention Wing of Yogic Flyers in the Ecuadorian Armed Forces :- Ecuador has four military services: the army, navy, air force and the military police. The military police branch was chosen to establish the Prevention Wing to make Ecuador invincible. With a population of 14.5 million, Ecuador needs 382 IDT experts to achieve the required group size (the square root of one percent of the population). A commander with the rank of General was very receptive to this idea. So he made the decision to start the project on March 8th, 2010.

Test Case as a First Step:- As a test case, the General selected two units from training centers where young soldiers receive their six months' basic military training before they are sent to operational units. Each training unit has 300 soldiers who were taught the Transcendental Meditation technique, and 200 in each unit are now IDT experts. The General set the time and place for the soldiers to practice their program in a group in accordance with their duty routine.

Test Results Were Very Satisfying :- After one month of practice, a test was done together with army psychologists in order to check the validity of the program.

Here is a summary of the soldiers' statements:

- 96 % thought it was a very practical activity
- 95 % said it was completely satisfying
- 92 % declared they improved dealing with stress and had better performance in their actions
- 96 % declared their relationships with others improved.

Implementation at the Military Academy :- Based on these test results, the General made two decisions:

1. The Transcendental Meditation technique and its advanced practices (the practical aspects of IDT) should be taught to the soldiers of the two training units to achieve invincibility for Ecuador right away.
2. Implementation of the program at the national academy during the students' four years of training for the young officers should be considered. The General appointed new officers to participate in the program, and currently 339 are becoming IDT experts. Another 400 will be added later in the year so that there will be 739 IDT experts at the academy. They can be added to the 2x200 IDT experts at the training centers for a total of 1,139 IDT experts later in the year. The goal is to have at least 1,000 IDT experts regularly practicing the program.



Training Program at the Academy :- In addition to group practice of the Transcendental Meditation technique and its advanced programs, the training program at the academy will now include weekly hour-long lectures about theory of invincibility during all four years of training. The Transcendental Meditation Teacher Training Course (TTC) will also be incorporated as part of the curriculum so that the military will have its own TM Teachers. This will ensure that the IDT program will go on permanently and the required number of IDT experts will always be available.

This program has already started at the academy for cadets who are between 19 to 24 years of age.

Major events in US to celebrate Transcendental Meditation programmes for schools, prisons, military veterans

Three major events will be held soon in the United States, to celebrate and promote expansion of timely initiatives to bring the Transcendental Meditation Programme to more inner-city students, prison inmates, and military veterans; and to increase the number of Yogic Flyers creating coherence in the ongoing Invincible America Assembly in Fairfield, Iowa.

What's going on at Maharishi University of Management: '1-minute update' - How to get MUM's new DVD

This week's '1-minute update' on Maharishi University of Management in Fairfield, Iowa, USA, includes: Why is Transcendental Meditation part of the MUM curriculum? How to get a new DVD all about MUM; be part of the MUM community on Facebook, YouTube, and Twitter; Visitors Weekends, 8-11 October or 5-8 November; and how to apply for February or August 2011 entry.

दैनिक जागरण

बुधवार 8 सितंबर 2010 : भाद्रपद अमावस्या, वि. 2067

अपूर्व इंडिया बुक ऑफ रिकार्ड में



बरेली, जागरण संवाददाता : महर्षि विद्या मंदिर के पूर्व छात्र अपूर्व अम्रवाल ने अपना नाम इंडिया बुक ऑफ रिकार्ड्स में दर्ज कराया है। अपूर्व ने यह उपलब्धि एक इंच से भी छोटा इंडोर गेम (लूडो) बनाकर हासिल की है। इसके साथ ही वह देश की उन चुनिंदा हस्तियों में शामिल हो गए हैं, जो पूर्व में अपना नाम इंडिया बुक ऑफ रिकार्ड में दर्ज करा चुके हैं।

अपूर्व ने एक इंच से भी छोटे अपने लूडो

▶ महर्षि विद्या मंदिर के पूर्व छात्र ने बनाया सबसे छोटा लूडो

में सात मिमी का पासा और एक मिमी प्रति की 16 गोदियां भी बनाई हैं। इस पूरे लूडो का वजन महज एक ग्राम 440 मिलीग्राम है। अपूर्व ने बताया कि इस इंडोर गेम को बनाने में 92 प्रतिशत शुद्ध चांदी का प्रयोग हुआ है। इसे सिर्फ मैग्नीफायर या माइक्रोस्कोप से ही खेला जा सकता है। अपूर्व अपने 'चमत्कार' को एशिया रिकार्ड में दर्ज कराना चाहते हैं। उन्होंने इसके लिए आवेदन भी कर दिया है। विद्यालय की प्रधानाचार्य रीता पांडेय ने कहा कि अपूर्व शुरू से ही क्रिएटिव माइंडेड है। अपने कार्य के अनूठे अंदाज और जुनून की वजह से उसने यह उपलब्धि हासिल की है। अपूर्व बीबीएल पब्लिक स्कूल में भी पढ़ चुका है।

E-Gyan Monthly News Letter

Reminder

Dear Readers,

I am happy to release this 16th edition of E-Gyan Monthly Digital News Letter. Previous editions of E-Gyan have been published and circulated amongst you. In every edition of E-Gyan I am requesting you to send news from your relevant field. But we are not receiving enough news. Please start sending the news in either Hindi or English. **E-Gyan Monthly News Letter** will be released in the first week of every calendar month. E-Gyan matter must be received by 15th of every month.

E-Gyan Monthly Digital News Letter will be circulated to all members, employees, well wishers and students of all Maharishi Organizations in India and also to millions of Meditators, Sidhas, Governors, leaders and devotees of Maharishi Global Organisations around the Globe.

E-Gyan Monthly News Letter contains the following:

1. Courses currently run by Maharishi schools/colleges/institutions and universities.
2. Information on any new course/programme added in Maharishi schools/colleges/institutions and universities.
3. Present student strength course wise, subject wise, class wise, branch wise in different Maharishi Educational Institutions.
4. Announcement of any new course offering and its schedule with course details and venue.
5. Starting of new building construction, report on Bhumi puja or vastu puja or foundation stone ceremony.
6. Inauguration or graha pravesh or public offering of new building.
7. Special achievement of any Maharishi Organisation.
8. Special achievement of Staff or faculty of any Maharishi Educational Institution.
9. Special achievements or award received by Students in the field of academics, sports, arts, music, culture, language, general knowledge, quiz, talent search or any other competition on district, state, national and international level.
10. Report on NCC, NSS, Scouts, Adventure programme/trip.
11. High-level placement of graduates in national, international or multinational organisations/corporations.
12. Outstanding performance of ex-students.
13. Publication of any paper by Faculty, Students, Staff, research department or Organisation.
14. News coverage in local, state, national level newspapers, TV, radio, website.
15. Selection of students in civil services, IIM, IIT, PMT, IIT, NDA, IMA, IFS, IRS, Armed Force or in any other institution of national importance.
16. List of outstanding government or private special projects taken by the organisation.
17. Launching of new product with details, availability, and price.

18. Details of products already in market.
19. Creative writings on different topics, such as cultural/social and historical issues.
20. Offering Vedic solution to any social problem.
21. Performance of any special Anushthan or Yagyas.
22. Vedic celebration reports.
23. Excursion tour reports.
24. Corporate visit, corporate training etc.
25. Visit of national and international dignitaries and their remarks.
26. Appreciation, recognition or awards received by Maharishi Organisations.
27. Report on academic or commercial collaborations.
28. Report on Maharishi Vedic Organic Agriculture.
29. Report on monthly Initiations in TM, Sidhi course and Advance Techniques.
30. Report on activities of Maharishi Global Movement.
31. Report on any other similar subject or area, which is not covered here but worth reporting.

We invite news, articles and reports from all Maharishi Organisations, leaders, members, faculty, staff, students, meditators, Sidhas and all readers. Please note that all news reports must be authentic, original, true and correct. The writers of articles should send a note that the article is their original article.

Please also note that all contents should be sent in soft copy through email (**egyan@mahaemail.com** and **egyanmonthly@gmail.com**) as word document file (or in a CD to Dr. T. C. Pathak, Maharishi Centre for Educational Excellence Campus, Building No-5, Lambakheda, Berasia Road, Bhopal, Madhya Pradesh, PIN 462018). Hard copy should be neatly typed (“Times New Roman” font for English and “Devnagri” or “Chanakya” font for Hindi) and should be sent to above-mentioned address. High quality/resolution pictures and graphics will be very useful to make your report better looking and will be much interesting for readers.

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With All the Best Wishes in Maharishi's Third Year of Invincibility - Global Ram Raj.

Jai Guru Dev, Jai Maharishi

Dr. T.C. Pathak
For Editorial Board, E-Gyan Newsletter

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